



ANNUAL REPORT



ALCOTT CENTER
FOR MENTAL HEALTH SERVICES



Message from Nick Maiorino

Dear Friends of Alcott:

The last year posed unprecedented demands on us all. While challenging, COVID-19 enabled us to think about service delivery in creative, new ways while also extending new opportunities – opportunities resulting in agency growth, and a deepened financial solvency.

The traditional, in-person mental health services Alcott provided for 40+ years adapted swiftly to telehealth care. In fact, since March 2020, our dedicated staff delivered more than 8,100 virtual appointments allowing existing clients to remain in treatment while increasing access for many who had been unable to connect with care in traditional ways.

Los Angeles County’s movement to reduce numbers of those incarcerated with mental health challenges, resulted in additional funding to the Center,

thus adding a second bridge housing facility providing housing and wrap-around services to an 40 more men.

In the fall, Alcott hosted its first yet most successful fundraiser in its history – our “Pajama Jam” event, hosted by Actors Joely Fisher and Brad Garrett and organized by Board member Steve Tyler. The event raised \$131,000 in cash and in-kind donations!

As we move ahead into 2021, we look forward to continuing our relationship with each of you and wish you only peace and health.

Sincerely,

A handwritten signature in blue ink, appearing to read 'Nick Maiorino'.

Nick Maiorino,
Chief Executive Officer



Mission and History

In 1967, a new California law released thousands of psychiatric patients from hospitals, many without families to take them in, nowhere to go, and very often onto the streets. They needed treatment, holding a job was rarely possible and residential care facilities were limited.

To address the problem locally, a group of residents from the Beverlywood neighborhood of Los Angeles stepped forward in 1979. Organized by Tom Pritchard, they leased an apartment building nearby and created a supervised housing facility. They named their nonprofit the Beverlywood Mental Health Center (BMHC). “Beverlywood” provided supervised housing and meals to 120 residents. A year later, the group garnered a contract through Los Angeles County to provide mental health treatment on-site to its residents.

In ‘86, BMHC expanded and added outpatient treatment serving the broader ‘underserved’ in the community. It did this amid a decade when a national expansion of outpatient mental health services developed. Community acceptance for “therapy” took hold, as did the demand for BMHC’s services. Demand grew and by ‘99, BMHC moved to a larger facility blocks away and renamed itself the Alcott Center for Mental Health Services to reflect its new location.

Today, ‘Alcott’ continues offering outpatient, comprehensive mental health treatment, community education, and residential services. Its ever-expanding programs now help people in Hollywood, Pico-Robertson, South Los Angeles, Watts, Commerce, and Whittier. Nearly 900 people were served last year.

Alcott Center Programs



Mental Health Services

Alcott operates a community mental health clinic in the Pico-Robertson neighborhood of Los Angeles with a capacity of 350 clients at any given time. The program serves 450+ adults annually. In 2021, it celebrates its 42nd year.

Housing for Health

Housing for Health (HFH) offers intensive housing/case management services to individuals with complex mental, and often behavioral and medical health conditions. The program serves up to 300 individuals at a time, delivering an integrated care system working to improve the overall health and well-being of our clients, thus increasing the likelihood of their success once being housed.

Residential Programs

Alcott operates two bridge housing programs for adult males who have been diverted from incarceration. The men in these programs are non-violent offenders and receive intensive treatment in the community, instead of remaining incarcerated, moving them toward greater stability and permanent housing solutions. Our facilities are well-staffed 24/7 with nurses, case managers, resident assistants and housekeeping.



In 2021, Alcott began offering intensive case management services to chronically homeless individuals and families housed in an apartment complex in Hollywood. All 11 households were referred through the

Los Angeles County Coordinated Entry System. In a Whittier complex, we offer psychiatry and intensive case management to 15 households, all referred by the Department of Health Service Office Diversion and Reentry.

Project Home Key (PRK)

“Studio 6” is an 81-studio unit, former hotel originally leased by the County as a Project Room Key (PRK) facility designated for temporary housing for homeless people vulnerable to COVID-19. Funded by the County of Los Angeles, it was one of the first facilities in the county to be transformed into a “Project Home Key” – a permanent supportive housing facility. Eighty of these units will be leased up soon to individuals/families experiencing chronic homelessness and impacted by mental health challenges.

Pico Robertson Health Neighborhood Project

Alcott is the lead organization of the Pico-Robertson Health Neighborhood Project, a partnership of several social service organizations. It focuses on improving access to care and improving the overall health and quality of life for Pico-Robertson residents.

Alcott Center Leadership

David Sall, Co-Chair
Conservation Corps of Long Beach

Steve Tyler, Co-Chair
Actor

William McKenna, Treasurer
Retired, CFO

Lee Milman, Secretary
Retired, Community of Friends

Dezetta Burnett, LCSW
Pepperdine University

Clayton Coleman
Union Bank

Joely Fisher
Actor, Singer, Activist

Antonio Goodwin
Gabler, Nino & Associates

Silvia Maron
Retired, Phoenix Engineering

Courtney Procel, LCSW
The People Concern

Michael Soter
Attorney

Michael Welch
Attila Management

Nick Maiorino, CEO
Alcott Center
for Mental Health Services
1433 S. Robertson Blvd.
Los Angeles, CA 90035
(310) 785-2121
www.AlcottCenter.org



Number of People Served in 2020

The following table lists the number served in our two primary program categories. Please note that on page three, you read about a few programs not mentioned below. Two of those programs began in 2021: case management for families and Project Home Key. Also, the Housing for Health program is an umbrella program crossing the categories below. To include them would have doubled the client count.

“
When I came to Alcott, I could not manage my symptoms- I was assigned to a therapist, case manager, and psychiatrist and all three pieces just helped me get my life together. I learned to manage my symptoms, ended up getting a job, being a lot more social, getting ready to be a productive member of society, which I did not think was possible. I am forever grateful to Alcott.



ALCOTT CLIENT,
KELLI MOWBRIFE
on how much the Alcott Center has helped her through difficult times.



Category	Mental Health Services	Residential Services
Gender:		
Female	253	1
Male	368	270
Non-binary	5	0
Race/Ethnicity:		
Asian	3%	2%
Black	23%	46%
Hispanic	11%	44%
Middle Eastern	5%	0%
Native American	<1%	1%
White	44%	7%
Unknown/Not Reported	12%	0%
Other	2%	0%

“
I am grateful for the Alcott Center because they helped me come out of my shell and teach me how to cope with my feelings.



CLIENT, ANNA RASCH
on how the Alcott Center has helped her



“
I am exceedingly grateful for the opportunity to receive mental health services and express self-love by caring and attending to my mental health needs. Self-care is not selfish. Self-care is an integral part of living a healthy and whole life.

CLIENT, MARIA ROSS



Alcott organizes vaccination opportunities for employees and clients.



Bridge Housing clients paint pumpkins.

Financial Data

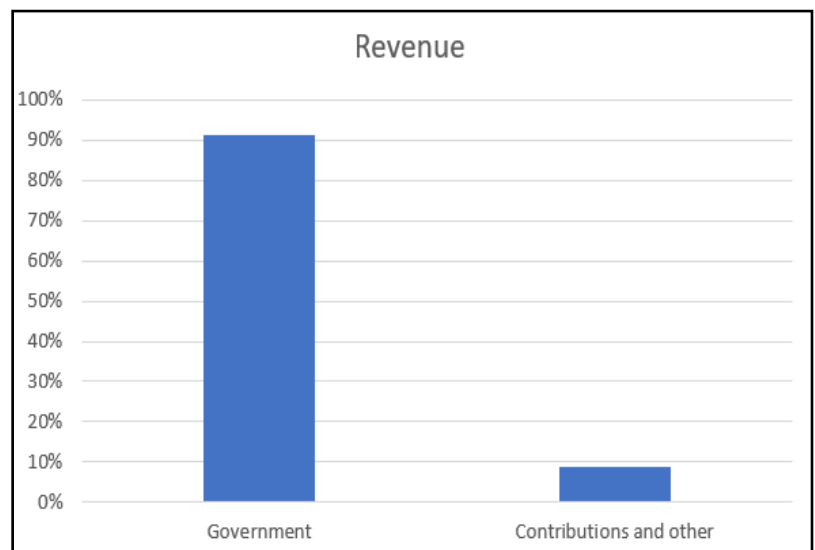
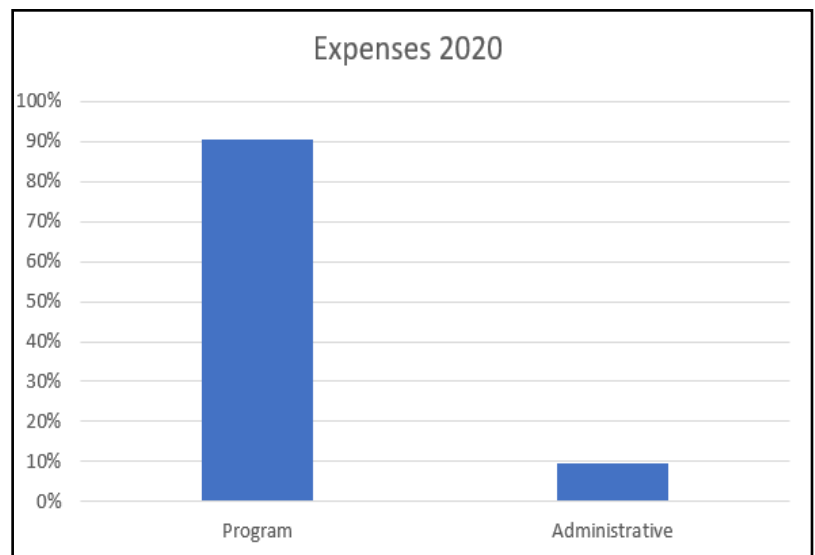
Alcott Center’s fiscal year is July through June, but the data to the right is calendar year 2020. The current fiscal year budget (2020-21) is \$8,317,267, an increase of 210%. The increase was due to government funds provided for (1) homeless housing and (2) court diversion programs for the mentally ill.

The following graphs show the breakdowns of funds received and disbursed. Please note that the graphs represent unaudited figures.

There are a few things to note about the data. First, the percentage of program-to-administrative expenses are 90-10%, which means that we spent .90 cents (90%) of every dollar on direct client care and only .10 cents on administrative costs. The national maximum standard for expenditures is 15%, and we are well below that percentage. Our low percentage shows that we focus on client service.

Second, you will see that our revenue in 2020 came mostly from the government sector. This was due to the fact we accepted additional government funds to house and treat homeless individuals with mental illness. The funds came from honest public concern about homeless people being in harms way of the COVID-19 virus. Los Angeles County stepped up to help remedy the situation.

We are working to build our nongovernment income to achieve a better balance between private and public sector incomes. We appreciate all of the donors mentioned on the subsequent pages. They make everything possible.



Thank you to our Donors

Alcott Center gratefully acknowledges the significant financial contributions of the community. Its support enabled over 1,000 clients to heal, find housing, and reconstruct their lives. The following list reflects gifts received during the 2020 calendar year.

Platinum \$25,000+

Cedars-Sinai
LA Co. Dept. of Health Services
LA Co. Dept. of Mental Health
Rose Hills Foundation
SHEEX
Serta Mattress
Michael Welch
United Way of Greater LA

Gold \$10,000 to \$24,999

Attila, LLC
Judith L. Milman
Relief Bed International

Silver \$5,000 to \$9,999

California Community Foundation
HanesBrands
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Miller Barondess, LLP
Courtney W. Procel
Michael Soter
Suncliff

Ruby \$2,500 to \$4,999

Anonymous
Brenda P. Jacobs
Billie Lourd
Doug Sills

Bronze \$1,000 to \$2,499

Anonymous
Dorothy Berndt
Sue Bickett
Dezetta Burnett
Brad Garrett
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Dan S. Miller

Marie C. Orban
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Paul Samson
The Sikand Foundation, Inc.
Urban Legend PR
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Carol Levy
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William Roy
David Sall
Yonah Schmeidler
Alyson Silverman
Tricia Small
Steve Tyler
Gayle Whittemore

Friend Under \$500

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Cynthia Clark
Clayton Coleman
Nancy Coleman
Alan R. Collins









STEVE TYLER PRESENTS

Pajama Jam

Get In Bed with Your Hosts
Joely Fisher & Brad Garrett




WORLD MENTAL HEALTH WEEKEND

Sunday, October 11, 2020 • 5:00 PM - 6:00 PM, PST
 Virtual event benefitting Fisher Place, a program of the Alcott Center
 for Mental Health Services

Tickets Available at: www.alcottcenter.org

SPECIAL APPEARANCES BY:

Sean Astin Joanna Cassidy Patrick Cassidy Michael Corbett Wilson Cruz Frances Fisher Tricia Leigh Fisher	Lisa Foxx Mo Gaffney Elliott Gould Amy Hill Roslyn Kind Cm. Paul Koretz Vicki Lewis	Greg Louganis Alec Mapa Lynne Moody Judd Nelson Laraine Newman Sheryl Lee Ralph Elisabeth Rohm	Laura San Giacomo Douglas Sills Kevin Spirtas David Starzyk Connie Stevens Tara Strong Byron Thames	Hudson Thames Bruce Vilanch Lisa Ann Walter Gregory Zarian Lawrence Zarian
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Donors Continued

Friends Under \$500

Sarah Cummings
 Danielle Dailey
 Kathleen R. Delaney
 Judy Krasnow
 Cindy Larson
 Elizabeth Lawrence
 Julie K. Lenihan
 Diane Lerner
 Kelly Logan
 Holly Long
 Ann Maghran
 Nick Maiorino
 Robert Mann
 Karen B. Marks
 Silvia Maron
 Denise Marra
 Melissa Marra-Maghran
 Karen McCullah
 Dorothy Megna
 Brian P. Mendoza
 Tessa Milman
 Tom Moore
 Jeanette Moulthrop
 Jeffrey L. Murray
 Gaye Nelson
 Laraine Newman
 Stephen G. Nuskwicz
 Caitlyn O'Hara

Marie C. Ortega
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 Gay Parker
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 Emmanuel Schegloff
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 Karen S. Wagner
 Derek Walker
 Jody Weinberg
 NAMI Westside LA
 Sue White
 Bennett Yellin
 Margaret E. Yun

Client Vaccinations

Alcott Center is working to ensure that all clients in our housing programs are vaccinated to protect from potential COVID-19 infection. The clients pictured reside in our Bridge Housing facility. This facility serves men coping with mental health challenges who have been diverted by the court system for treatment. The ultimate goal is to stabilize symptoms while securing permanent housing solutions.

